Grouse Hunting for Beginners

by John Martsh R-3 Program Manager



Credit: J. Martsh

Why Hunt Grouse?

- Opportunity for a rigorous, cardio workout
- Amazing views and vistas of the high country
- Challenging to find and shoot
- Lots of lean, mild tasting meat



Blue Grouse



Credit: J. Martsh



Alternate Names

- Dusky Grouse
- Mountain Grouse
- Pine Grouse
- Pine Hen
- Fool Hen

Definitions

- Male grouse cock
- Female grouse hen
 - Baby grouse cheeper
- Group of grouse covey or pack

Preseason Scouting



Hunting Methods

 Flushing - a hunter tries to sneak up on a sighted grouse or flush an unseen one from behind or within cover. A dog can assist the hunter in pointing to a single bird or covey.



Flushing



Credit: S. Usrey

Clothing

- Make sure it is weather appropriate.
- Wear comfortable footwear.
- Use a hat or cap to keep the sun out of your eyes.
- Avoid bright colors, stick to: black, gray, brown, dark green and dark blue.

Essential Gear: Sporting Arm





Essential Gear: Ammunition





Essential Gear: Binoculars





Essential Gear: Upland Hunting Vest







Essential Gear: Hearing Protection



Essential Gear: Hunting License and Stamps





Equipment inside Vehicle: Fillet Knife and Game Shears





Equipment inside Vehicle: Cooler and Gallon Freezer Bag





Rules and Regulations Top 10

- 1. Grouse can be hunted ½ hour before sunrise to ½ an hour after sunset.
- 2. Grouse may be taken with shotguns firing shot, muzzleloading shotguns, rim-fire and muzzleloading firearms, bows, crossbows and compressed air guns firing a pellet .177 or larger.
- 3. Grouse and other upland game may be hunted with an unplugged shotgun.
- 4. The bag limit for Dusky Grouse is three per day. The possession limit is six Dusky Grouse.***
- 5. The grouse season is three months long, from Sept. 1 through Nov. 30.***

***Bag limits and season dates are subject to change, please consult the latest Upland Game Hunting Rules & Information booklet for the most up-to-date information.



Rules and Regulations Top 10

It is unlawful to:

- 6. Hunt protected species without a license and all applicable permits, stamps or validations.
- 7. Exceed the daily bag limit or have more than the legal possession limit of any species.
- 8. Hunt any protected species outside of established season for that species.
- 9. Leave a fire unattended or improperly handle fire.
- 10. Park any motor vehicle or camp within 300 yards of any man-made water hole, water well or watering tank used by wildlife or domestic stock, without the prior consent of the land-owner, private-land lessee, public-land lessee or public-land management agency.



Conclusion

- A hunter education class is highly recommended for a beginner of any age.
- Find a good mentor and have fun.
- Teach a non-hunter how to grouse hunt.



